

Warner Springs Community Resource Directory

Clean Water • Oak Tree Health • Emergency & Safety • Wildlife Awareness

1. County Public Health & Health Services

A. San Diego County Public Health Department (General)

- Main Public Health Contact (Countywide): (619) 229-5400
- General public health questions, referrals, disease prevention, community health programs.

B. Regional Public Health Centers

- North Inland Public Health Center (Escondido)
Local office for North County public health services.

- Central Region Public Health Center (San Diego)

Call (619) 229-5400 for appointments.

- South Region Public Health Center (Chula Vista)

Public health services for South County.

- North Central Public Health Center

Public health services for North Central San Diego.

C. Environmental Health & Quality

- Handles vector control, food safety, water quality, environmental hazards.

D. County Health & Human Services Agency (HHS)

- Overarching department for public health programs, emergency health guidance, disease control.

- Website: <https://www.sandiegocounty.gov/hhsa/>

E. Public Health Laboratory

- For lab or surveillance questions.

- Phone: (858) 325-6400

F. Tick & Vector Resources

- Contact Environmental Health & Vector Control for tick, mosquito, and vector-borne disease questions.

2. Emergency Contacts – Warner Springs Area

Immediate Emergency - 911

San Diego County Sheriff

- Ranchita Substation (closest): 760-782-3353

- General Line: 858-974-2222

- Non-Emergency: 858-868-3200

- Facility Directory:

<https://www.sdsheriff.gov/Home/Components/FacilityDirectory/FacilityDirectory/36/61>

211 – Community Assistance

- Website: <https://211ca.org/>

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- National: <https://www.211.org/>

- Phone: 211 or 800-227-0997

Help with food, housing, caregiving, disaster recovery, and essential services.

3. Firearms Guidance (National Forest System Lands)

A. General Rules

- Firearm carry allowed if state and federal laws permit.
- Must follow state laws, county ordinances, and federal regulations.

B. Before Visiting

- Contact the local Forest Service district office for:
 - Local restrictions
 - Range information
 - Temporary orders
 - Area-specific conditions

C. Federal Information

- Bureau of Alcohol, Tobacco, Firearms & Explosives (ATF)

Website: <https://www.atf.gov/>

D. Related Topics

- Hunting
- Shooting
- Know Before You Go
- Responsible Recreation

4. Fire Information & Local Stations

Real-Time Fire Information

- Watch Duty: <https://app.watchduty.org/>

- CAL FIRE Incidents: <https://www.fire.ca.gov/incidents>

Local Fire Agencies

CAL FIRE – Warner Springs Station

- Address: 31049 Hwy 79, Warner Springs, CA 92086

- Phone: 760-782-3560

San Diego County Fire – Station #59 (Sunshine Summit)

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- Address: 35227 Hwy 79, Warner Springs
- Phone: 760-782-9113

U.S. Forest Service (Oak Grove)

- Across from the Community Center
- Website: <https://www.fs.usda.gov/>

- National Info Line: 800-832-1355

- Stone Ridge / Warner Springs Estates Fire Safe Council
Phone: 760-782-9015

5. Flood Preparedness & Water Emergency Planning

A. Types of Floods

- River Floods — rivers/streams overflow after prolonged rainfall.
- Flash Floods — rapid flooding from intense rain, snowmelt, wildfire-scarred terrain, or poor drainage.

B. Flood Alerts

- Flash Flood Warning — flooding imminent or occurring; move to higher ground.
- Flash Flood Emergency — severe threat to human life.

C. Home & Property Preparation

- Turn off electrical power if water is present.
- Turn off gas and water before evacuating.
- Install backflow valves on drains/toilets.
- Secure unstable building materials.

D. Emergency Water & Supplies

- Store 1 gallon per person/pet per day, minimum 3-day supply.
- Rubber boots, sturdy shoes, waterproof gloves.
- Car emergency kit: food, flares, cables, maps, tools, first aid, extinguisher, sleeping bags.

E. Evacuation Preparation

- Fill vehicle gas tank.
- Pack essential documents in waterproof material.
- Prepare clean water containers.
- Arrange pet accommodations with local emergency management.

F. Emergency Kit Checklist

- 3-day food supply
- 3 gallons of water per person

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- Map with 2 evacuation routes
- Medications
- Change of clothes
- Extra eyeglasses/contacts
- Extra car keys, cash/cards
- First aid kit
- Flashlight + battery radio
- Copies of important documents
- Pet food & water

G. Additional Items (If Time Allows)

- Irreplaceable valuables
- Family photos
- Computer data backups
- Phone/laptop chargers

H. Safety Notes

- Keep sturdy shoes + flashlight near your bed.
- Text SHELTER + ZIP code to 43362 for emergency shelter info.
- Never climb into a closed attic during flooding — go to the roof if needed.
- 6 inches of fast water can knock you down.
- 12 inches can float a car; 18 inches can carry away an SUV.

I. If Your Car Is Taken by Floodwaters

- Roll down windows immediately.
- If stuck, break glass with an escape tool or headrest metal pole.
- Allow car to fill with water so it stabilizes before exiting.

6. Goldspotted Oak Borer (GSOB) – Oak Tree Health

Overview

GSOB is an invasive beetle harming oak trees in the Warner Springs / Oak Grove region.

Local experts have hosted multiple community talks and maintain active projects.

Educational Resources

- UC Riverside GSOB Information: <https://civr.ucr.edu/invasive-species/goldspotted-oak-borer>
- GSOB Instructional Video: “Fighting the Goldspotted Oak Borer”
- Additional Resource: www.gosb.org

Presenters & Expert Contacts

- Dr. Stacy Hishinuma – USDA Forest Service
- Email: stacy.hishinuma@usda.gov
- Bret Hutchinson – Arborist
- Email: hutchins.b@sbcglobal.net

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- Dr. Tom Scott – UC Riverside
- Email: thomas.scott@ucr.edu

7. Medical & Health-Related Contacts

Nearest 24-Hour Emergency Room

- Palomar Medical Center – Escondido

Closest full ER for trauma, illness, and snakebite antivenom.

Poison Control (24/7)

- Phone: 1-800-222-1222

AlertSanDiego

- County emergency notifications (sign-up recommended)

8. Tick Safety (Lyme & Other Tick-Borne Illnesses)

A. Common Local Ticks

- Western Black-Legged Tick
- Can carry Lyme disease
- Found in grass, oak leaf litter, brush, and on pets

B. Tick Removal (Correct Method)

- ✓ Use fine-tipped tweezers
- ✓ Pull straight out, slow and steady
- ✓ Clean area with soap/water or alcohol
- ✗ Do NOT twist
- ✗ Do NOT burn
- ✗ Do NOT apply oils

Save the tick in a sealed bag/jar if symptoms develop.

C. When to Seek Medical Care

- Fever, headache, fatigue, joint pain
- Expanding bullseye rash
- Symptoms appearing 3–30 days after bite

D. Helpful Contacts

- Poison Control: 1-800-222-1222
- Primary Care / Urgent Care
- San Diego County Public Health (tick-borne illness reporting)

E. Prevention Tips

- Wear light-colored clothing

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- Tuck pants into socks
- Check body, scalp, and pets after being outdoors
- Shower within 2 hours of hiking

9. Traffic & Road Safety

California Highway Patrol – El Cajon Office

- Phone: 619-401-2000

10. Water Purity & PFAS Information

PFAS Sampling – Warner Springs Remote Training Site

The U.S. Navy is conducting PFAS sampling in the Warner Springs area.

Check eligibility and view the sampling map (January 2025):

Website: www.navfac.navy.mil/WarnerSpringsPFAS (navfac.navy.mil in Bing)

Key Contacts

Navy Public Affairs – Coronado Naval Base

- Kevin Dixon, Public Affairs Officer
- Phone: 619-545-8136
- Email: kevin.b.dixon.civ@us.navy.mil

CA Regional Water Quality Control Board

- Komeylyan Chehreh
- Email: chehreh.Komeylyan@waterboards.ca.gov
- Phone: 619-521-3366
- Sean McClain, PG – Senior Engineering Geologist
- Email: Sean.McClain@waterboards.ca.gov
- Phone: 619-521-3374

CALEPA / OEHHA

- Chris Banks, Senior Toxicologist
- Email: christopher.Banks@oehha.ca.gov
- Phone: 916-322-8516

San Diego County Dept. of Public Health

- Janelle McCullough, Environmental Health Specialist
- Email: janelle.McCullough@sdcounty.ca.gov
- Phone: 858-505-6843

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11. Water Emergencies (Not Home Wells)

Vista Irrigation District (VID)

- Website: <https://www.vidwater.org/>
- Phone: 760-597-3100

12. Wildlife Safety – Common Snakes in Warner Springs

Common Species

- Southern Pacific Rattlesnake (venomous, most common)
- Gopher Snake (non-venomous, often mistaken for rattlers)

If Someone Is Bitten

- Call 911 immediately
- Keep person calm and still
- Keep limb at heart level
- Remove rings/tight clothing
- Do NOT: cut, suck, ice, shock, or tourniquet
- Do NOT: give alcohol or caffeine

Helpful Contacts

- Poison Control: 1-800-222-1222
- Nearest ER: Palomar Medical Center (Escondido)

Prevention Tips

- Wear boots + long pants outdoors
- Use a flashlight at night
- Avoid reaching into brush, wood piles, or rock crevices
- Teach children to freeze and back away slowly